

Shenley Fields Daycare and Nursery School



Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Pork Sausages Baby New Potatoes Jacket Potato Sweetcorn Baked Beans Plain Yoghurt with Fruits of the Forest Puree	Beef Chilli Vegetable Chilli Rainbow Rice Seasonal Vegetables Banana and Custard	Roast Chicken Roast Quorn both served with Gravy Creamed Potatoes Seasonal Vegetables Rice Pudding	Tuna Pasta Bake Herby Vegetable Tomato Pasta Bake Seasonal Vegetables Melon Platter	Cheese and Tomato Pizza Fish Fingers Chips or Jacket Potato Baked Beans Sweetcorn Fruit Cocktail in Fruit Juice
2	Beef Bolognaise Cheese and Potato Pie Pasta Twirls Seasonal Vegetables Plain Yoghurt with Fruits of the Forest Puree	Macaroni Cheese Vegan Nuggets Baby New Potatoes Seasonal Vegetables Banana and Custard	Pork Sausage Vegan Sausage both served with Yorkshire Pudding and Gravy Creamed Potato Seasonal Vegetables Rice Pudding	Salmon Pasta Bake Vegetable Pasta Bake Seasonal Vegetables Melon Platter	Cheese and Tomato Pizza Fish Fingers Chips or Jacket Potato Baked Beans Sweetcorn Fruit Cocktail in Fruit Juice
3	Italian Pasta Bake Seasonal Vegetables Jacket Potatoes with Baked Beans or Tuna Mayonnaise Plain Yoghurt with Fruits of the Forest Puree	BBQ Chicken BBQ Vegetable and Bean Hotpot Rainbow Rice Seasonal Vegetables Banana and Custard	Roast Chicken Quorn Roast both served with Yorkshire Pudding and Gravy Creamed Potatoes Seasonal Vegetables Rice Pudding	Meatballs served in a Rich and Rustic Sauce Vegan Meatballs served in a Rich and Rustic Sauce Spaghetti Melon Platter	Cheese and Tomato Pizza Fish Fingers Chips or Jacket Potato Baked Beans Sweetcorn Fruit Cocktail in Fruit Juice

* Please let the nursery staff know of any allergen or dietary requirements and this will be passed on to the catering team.

Fruits and vegetables (protective foods)

Protein rich foods (growing foods)

Starchy carbohydrates (energy foods)

Dairy and alternatives (strength- strong bones and teeth)



Article 24: The right to to good quality health care, clean water and good food.

